

# Understanding Salah

### Lesson 1

Question Number	Question	Answer Page
1	Relate the Hadith regarding the questioning of Salah on the Day of	7
	Qiyamah.	
2	From this Hadith we learn that Salah is a "benchmark" for other deeds.	7
2	What does this mean?	/
3	"Verily Salah prevents obsenity and evil." Explain what is meant by	_
5	obsenity and evil in this verse.	7
4	List any three things that need to be done if Salah is to act as a barrier	
4	against sin.	8
5	Explain Salah in the context of a tent.	8
6	How does Salah have health benefits.	8

7	In your own words, describe the narration about Umar (R) and his letter to the governers.	9
8	What do we learn from this letter regarding the link between Salah and other duties? Mention any <u>three</u> points.	9



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	Lesson 3	
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9	When is Salah the dearest deed to Allah?	10
10	Relate the Hadith where Our Prophet (S) gives an example of of the	
10	expiation of sins in comparision to bathing in a river.	10
11	Relate the Hadith of Uthman (R) regarding the expiation of minor sins.	11
12	Who is in the protection of Allah?	11
13	What conditions apply to achieve the various virtues of Salah?	11
14	List the five daily prayers. Ensure you pronounce the names properly.	12
15	List the Rakaat of Fajr.	-
16	List the Rakaat of Dhuhr.	-
17	List the Rakaat of Asr.	-
18	List the Rakaat of Maghrib.	-
19	List the Rakaat of Esha.	-
20	List the Rakaat of Jumuah.	-
21	What is the plural of Salah in Arabic?	13
22	What is the plural of Salah in Rak'ah?	13
23	What is the difference between Jumu'ah and Salatul Jumu'ah?	13
24	What is the Arabic term for "sermon"?	13
25	What is the Arabic term for "Friday sermon"?	13
26	What is the Arabic term for Salah offered in "congregation"?	13

### Lesson 4

27	Who is Salah not a burden on? Mention both the Atabic term and the	14
	English explanation.	<u> </u>
28	Explain the "intelligent" and "foolish" person in the context of the	14
28	Hadith.	14
30	With which two things should a person ask for Allah's help?	14

31	What are the most burdensome prayers for the hypocrites, and why?	16
32	Explain the difference in Fajr and Isha time in summer and winter in the UK.	16
33	List any three ways how we can ensure we get up for Fajr Salaah	16-17
34	What is the virtue of performing Isha and Fajr in congregation in relation to the Hadith?	17



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35	What determines the times of Salaah?	20
36	Where does the sun rise from?	20
37	Where does the sun set?	20
38	What is the begining and ending time of Dhuhr?	20
39	What is the begining and ending time of Asr?	20
40	What does 'Zenith' mean? What is the Arabic term?	20
41	What does 'Mithlayn' mean? Explain your answer with an example.	20
42	When would it be Makrooh to read Asr?	20
43	What is the begining and ending time of Maghrib?	21
44	When is it preferable to perform Maghrib?	21
45	What is the begining and ending time of Isha?	21
46	Is it permissible to read Isha until the begining time of Fajr? Explain your answer.	21
47	What does 'Shafaq al Abyadh' mean?	21
48	What is the begining and ending time of Fajr?	21
49	Explain the term "Subh us Sadiq" in detail.	21
50	When is the begining and ending time of Eid Salaah?	21
51	Explain the differences in opininion regarding the begining time of Isha?	21
52	In which part of the day is there no Fardh Salah performed?	21

53	Define the word Latitude.	22
54	Define the word equator.	22
55	The UK is at a high latitude. What does this mean? What does this affect?	22
56	Describe day and night in summer and winter for those countries <b>on or near</b> to the equator.	22
57	Describe day and night in summer and winter for those countries <b>far from</b> the equator (like the UK).	22
58	List any three countries that are far from the equator	23
59	List any three countries that are near to the equator	23



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#### Lesson 8

60	How many zones are the regions at high latitudes divided into?	26
61	Explain zone one and its effect on Salaah times.	26
62	Explain zone two and its effect on Salaah times.	26
63	Explain zone three and its effect on Salaah times.	26
64	Explain what 'Persistent twilight' means.	26
65	Explain clearly why Isha time does not occur in the UK in peak summer.	25
66	Why does Maghrib time not take place in countries like Norway?	25
67	When should we perform our Isha, when Isha time does not occur?	25
	Mention both opinions.	25

# Lesson 9

68	What is astronomy?	27
69	What is an Astrolabe?	28
70	Mention two typical uses of the astrolabe.	28
71	Who was Ibn al Shatir? And what did he invent?	28
72	Who is a Muwaqqit?	28
73	Who is a Muatthin?	28
74	Explain what stars can be used for.	29

75	What is Nafl Salaah?	31
76	What is Qadha Salaah?	31
77	What is Janazah Salaah>	31
78	What is Sajdah Tilawah?	31
79	At what times is it prohibited to read Salaah?	31
80	Why is offering Salaah prohibited during these times?	31
81	Apart from reading Salaah, what else are we prohibited from doing?	31
82	When is it Makrooh to offer Nafl Salaah?	31
85	Ahmad performed Tawaaf after Asr. When should he offer his two	32
60	Rakaats of Tawaaf?	52



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#### Lesson 11

86	Explain the meaning of the following Hadith. 'When the prayer has commenced, there is then only the Fardh prayer.'	33
87	The two Sunnats of which Salaah are highly emphasised?	33
88	When must these Sunnats be offered?	33
89	Where must these Sunnats be offered?	33
90	What is the Hanafi opinion?	33 & 34

# Lesson 12

91	How many conditions are there in Salaah? List them.	34
92	What does "purity" mean when referring to the clothes, place and body?	34
93	What is the other meaning of purity?	34
94	What is the Awrah for a male?	-
95	What is the Awrah for a female?	-
96	What is the Arabic term for condition? What is the plural?	34

97	Who showed Nabee (S) the time of each Salaah?	35
98	When is reading Salaah invalid?	35
99	What is <i>Qadha</i> ?	35
100	What is the consequence of Qadha?	35
101	What could be a strong excuse for making Salaah Qadha?	35
102	Narrate the Hadith that shows the severity of missing Salaah completely.	35
103	How has the Hadith in Q97 been interpreted by the scholars? Explain your answer.	35 & 36
104	How does missing Salaah affect a person?	36
105	How can we be mindful of Salaah when travelling? Mention any two points.	36
106	"The Prophet (S) disliked sleep before Esha and talk after Esha". What type of talk does this refer to?	36
107	Why did Nabee (S) dislike sleeping before Isha and talking after it?	36
	Define and explain the following terms: Mithlayn, Subh us Sadiq, Istiwa', Zawaal, Qadha, Shart, Shuroot us Salaah, Waqt, Awqat, Awrah, Istiqbal ul Qiblah and Niyyah.	37



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108	What is ritual impurity? Explain your answer.	39
109	What <u>three</u> things must be clean from impurities to ensure Salaah is valid?	39
110	List the Fardh acts of Wudhu.	39
111	List the Fardh acts of Ghusl	39
112	List the Fardh acts of Tayammum	39
113	What is Hadath ul Asghar, and how do we purify ourselves from this?	39
114	What is Hadath ul Akbar, and how do we purify ourselves from this?	39
115	Name any five things that break Wudhu.	39

#### Lesson 15

116	What does Awrah mean?	40
117	When is it permissible to reveal one's Awrah. Give an example.	40
118	If any part of the Awrah is exposed during Salah, what will be the consequence?	40
119	Explain the Awrah of women.	40
120	Explain the Awrah of men.	40
121	What other body parts is it important for men to cover in Salaah? Explain your answer	40
122	List any <u>two</u> Aadaab of dressing in Salaah	41
123	Why is it important we dress in a modest and respectful way when offering Salaah?	41

124	What is the Qiblah?	42
125	What is a Mihrab? What does it signify?	42
126	What directon is the Qiblah from the UK?	42
127	What was the first Qiblah for Muslims? And how long did Muslims face it?	43
128	Explain clearly the event relating to the change of the Qiblah.	43
129	Give one example of the significance of the Qiblah in Islam.	43



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130	What two things do we learn from the Hadith 'Actions are determined	
130	by intentions.'	
131	Explain how the intention for performing Fardh Salaah must be made.	
132	Explain how the Niyyah differs if Salah is performed in congregation.	
133	How does the Niyyah of Salaah have to be expressed, verbally or from	
133	the heart?	
134	If a person left home with the intention of performing Salaah, when he	
134	reaches the Masjid is making a verbal intention necessary?	

# Lesson 18

135	What is the Arabic term for "facing the Qiblah"?	45
136	List the conditions of Salaah in Arabic	45

### Lesson 19

137	What does the word 'Rukn' mean? And what is the plural?	47
138	Which Fardh acts of Salaah do the Arkaan refer to?	47
139	How many Arkan of Salaah are there? List them.	47
140	What happens if one of these are missed?	47

### Lesson 20

141	What is 'Takbeer ut Tahreemah?' And how should it be said?	49
142	Do the hands have to be raised? Explain your answer.	49
143	What does Tahreem mean?	49
144	Explan why this Takbeer is called Takbeer ut Tahreemah	49
145	What does Qiyam mean?	49
146	What is the ruling of Qiyam in Fardh and Wajib prayer?	49
147	What is the ruling of Qiyam in Nafl prayer?	49
148	Where should ones gaze be in Qiyam?	49

149	What does Qiraa'ah mean?	50
150	What part of the Qiraa'ah is Fardh and what part is Wajib?	50
151	What is the ruling if a person misses out a Waajib act in Salaah?	50



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152	What does Ruku mean?	52
153	What does Sajdah mean?	52
154	What happens if a person leaves out either Ruku or even one Sajdah?	52
155	Explain the Ruku of men clearly. (Mention all three points)	52
156	Explain the Ruku of women clearly.	52
157	Explain clearly the Sajdah of males. (Mention all five points)	52-53
158	Explain the Sajdah of women clearly.	53
159	Demonstrate the Sajdah of men and women.	52-53

### Lesson 23

160	What are the Arabic words for final sitting and first sitting?	54-55
161	What is the duration of the last sitting?	54
162	Explain clearly the final sitting of men.	54
163	Explain clearly the final sitting of women.	54
164	Demonstrate the sitting posture of men and women.	54

### Lesson 24

165	Relate in your own words the Hadith of Salah and the falling leaves of a	56
105	tree.	50
100	Briefly explain what happened when the Muslims won the battle of	56
166	Khaibar. What valuable advice did Nabee (S) give?	

167	What is Miraaj?	57
168	What is very special about the commandment of Salaah?	57
169	How many Salaah were first prescribed upon Muslims?	57
170	How much reward do we get for performing 5 daily Salaah?	57
171	What have the scholars deduced from the reduction from 50 to 5 Salaah?	57
172	What has Nabee SAW said about those who miss Salaah?	58



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173	What does Wajib mean? And what is the plural?	61
174	What does Ta'deelul Arkan mean?	61
175	What does Sunnah mean? And what is the plural?	61
176	What does Mustahab mean? And what is the plural?	61
177	What does Makrooh mean? And what is the plural?	61
178	What does Mufsid mean? And what is the plural?	61

### Lesson 27

179	State the difference between Wajibaat and Arkaan.	62
180	List any 5 Wajib acts of Salaah in detail.	62-63
181	For which Salaah will the Imam read alound?	63
182	For which Salaah will the Imam read quietly?	63
183	How should one read when reading Fardh Salaah individually?	63
184	How should one read when reading Nafl Salaah. Explain your answer.	63
185	What is the additional Wajib act in Witr Salaah?	63
186	What is the additional Wajib act in Eid Salaah?	63

### Lesson 27b

187	What is Sajda e Sahw? And why is it carried out?	64
188	Explain the ruling of missing out a Fardh act in Salaah.	64
189	Explain the ruling of missing out a Wajib act in Salaah.	64
190	During which part of Salaah is Sajda e Sahw carried out?	64
191	Explain how Sajda e Sahw is carried out?	64
192	If one makes his own error in Salaah that makes Sajda e Sahw Waajib	65
192	whilst reading in congregation, will he carry out the Sajda e Sahw?	
193	What must be done if the Imam makes an error that makes Sajda e	
195	Sahw Wajib?	65
194	Who is a Masbooq?	65
195	If a Masbooq misses out a Wajib unintentionally, will he do Sajda e	65
	Sahw?	05



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196	What does Ta'deel mean?	66
197	Explain clearly what it means by Ta'deel e Arkan.	66
198	Mention any three things we seek from Allah through Salaah.	66
199	What does Khushoo' mean?	66
200	What does Khudhoo' mean?	66
201	In which two postures is Ta'deel e Arkan usually not observed?	67
202	Explain how we can achieve Ta'deel e Arkan in these postures.	67

#### Lesson 30

203	What effect does the performance of Sunnah acts have on the reward we receive?	71
204	Explain why it is important to act upon Sunnah acts.	71
205	Explain how a male and female will raise their hands and fold their arms in Salaah?	71
206	List any four Sunnah acts of Salaah.	71

#### Lesson 31

207	What effect does the performance of Mustahab acts have on the reward we receive?	72
208	Who is a Munfarid?	72
209	Where should ones gaze be in Qiyam?	72
210	Where should ones gaze be in Ruku?	72
211	Where should ones gaze be in Qa'dah and Jalsa?	72
212	Where should ones gaze be when making Salaam?	72
213	List any three Mustahabbat of Salaah.	72
214	Explain clearly how one should cover the mouth when yawning during Salaah.	72
215	What do the Mustahab acts of Salaah contribute towards?	72

216	How do the Makroohat affect ones Salaah? Mention 2 points.	73
217	List any five Makroohat of Salaah.	73-74
218	Does turning the face away from the Qiblah break Salaah? Explain your	73
	answer.	, 0
219	When can one close the eyes during Salaah?	74



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Lesson	<u>33</u>
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220	Does missing out a Rukn or Shart of Salaah unintentionally, invalidate the Salaah?	75
221	List the four things that invalidates ones Salaah.	75-76
222	When will crying in Salaah not invalidate Salaah?	75
223	Explain the ruling of laughter in Salaah.	75
224	What happens is one was to swallow food that was stuck between the teeth during Salaah? Explain your answer.	76
225	What is classed as 'excessive movement?'	76
226	Given an example of such "excessive movement".	76
227	What is the Arabic term for "excessive movement" in Salaah?	76

228	What is the ultimate goal for Muslims?	78
229	List any three features of Jannah	78-79