



Written Assessment

End of Year 2021/22

Practice Paper 1 (SY2 Girls)

Name of Book:

Understanding Adulthood (Part 1)

Full Name of Pupil:

.....

Session:

- Recite Tasmiyah & Şalawāt Upon the Prophet before you begin your paper.
- Write your name and session clearly on this sheet.
- Answer all the questions.
- Do not use a red pen or a pencil.
- Write neatly and clearly.
- If you make a mistake, cross it out. Do not use Tippex.
- The mark for each question is shown next to the question.
- After you finish, check your answers carefully.

Mark achieved:

Out of 100

Section A

1. Write down the English meaning and a brief explanation of the following words: (2)

	TERM	ENGLISH	BRIEF EXPLANATION
1	بُلُوغ		
2	عَوْرَة		
3	نَجَاسَة		
4	سَجْدَةُ التَّلَاوَةِ		
5	حِجَاب		
6	بَالِغَة		
7	حَيْض		
8	جَنَابَة		
9	مُرَاهِقَة		
10	نِقَاب		
11	ظَوَاف		
12	شَرِيعَة		
13	ظَهَارَة		
14	عُغْسِل		
15	سُنَّة		

Total Marks : 30

Section B

Answer the following questions:

1. What is the Arabic word for impurity? (1)

2. Fill in the tables below regarding the different types of impurity: (6)

Hukmiyyah	
	Physical impurity

Types of Hukmiyyah	1.
	2.
Types of Physical Impurity	1.
	2.

3. When a girl is on her period, what state of impurity is she in and what must she do to rid herself of this impurity? (2)

4. Explain clearly what the method of purification is for impurity that is visible: (3)

5. Explain clearly what the method of purification is for impurity that is NOT visible: (3)

6. Give an example of an easy way to remove both visible or not visible impurity. (1)

7. Write two reasons why using a tampon is disliked: (2)

- a) _____
- b) _____

8. Complete the tables below:

a) A girl will undergo certain changes to her body when going through puberty... (4)

	MEANING
Physical changes	
	These are changes in the way you understand things.

b) A girl will be classed as a Balighah if... (4)

1	
2	
3	
4	

c) The following things are prohibited during a period...

(8)

1	
2	
3	
4	
5	
6	
7	
8	

d) The steps of a Sunnah Ghusl, in order are...

(6)

1	
2	
3	
4	
5	
6	

Total Marks : (40)

Section C

1. Read the following scenarios carefully and explain the rulings: (2)

a) Ayesha's Haydh stops at 4:20pm before the end time of Zohr Salah which is at 4:40pm.

b) Alaia's Haydh stops at 6:51pm before the end time of Maghrib Salah which is at 7pm.

c) Safiyyah is performing her four fardh of Asr Salah and her Haydh starts.

d) Zaynab puts on a clean pad at the beginning time of Asr Salah, on the last day of her Haydh. At Maghrib time, her pad is still clean with no coloured discharge on it.

e) Fatima Zahra is performing two Rak'ahs of Salat-ul-Shukr. During this Salah, her period starts.

f) Zaynab started bleeding on 14th February at 7:30am, and became clean on 22nd February at 3:15pm. Calculate the total days of bleeding:

Working out:	
Total days of bleeding:	

g) Humaira started bleeding on 29th April at 4:35pm, and she became clean on 7th May at 2:00pm. Calculate the total days of bleeding:

Working out:	
Total days of bleeding:	

h) Khadijah started bleeding on 2nd October at 9:20pm, and she stopped bleeding on 9th October at 11:10pm.

Important Notes:

- It is the month of Ramadhan.
- Subh Sadiq time is 4am.
- Iftar time is 9pm.

Working out:	
Total days of bleeding:	
What day and time will Ghusl be made?	
How many Qadha fasts?	

Total Marks : (16)

Section D

1. Complete the table by ticking True or False:

(14)

		TRUE	FALSE
1	Emotional changes are the changes in the way you feel about things.		
2	You will only be held responsible for certain actions after becoming mature.		
3	A wet dream is a dream of sexual nature.		
4	A girl will be classed as mature once she reaches the age of 12.		
5	The Solar calendar is based on the moon.		
6	Stomach cramps is a symptom which indicates the coming of a girl's period.		
7	PMS can only occur before the start of a girl's first period.		
8	Using rolled up tissue is a good alternative to buying pads.		
9	The uterus lining thickens every month to prepare for a possible pregnancy.		
10	The minimum duration for a purity is 15 days and 15 nights.		
11	Intention during Ghusl needs to be verbal.		
12	You can keep earrings in your ears when doing a fardh Ghusl.		
13	An example of a physical impurity is alcohol.		
14	Nail varnish is impermissible to display in front of ghayr mehrams.		

End of Practice Paper