



## Written Assessment

End of Year 2021/22

### Sanatayn Girls

Name of Book:

Understanding Adulthood – Part 1 & 2

Full Name of Pupil:

.....

Session: .....

- Recite Tasmiyah & Şalawāt Upon the Prophet before you begin your paper.
- Write your name and session clearly on this sheet.
- Answer all the questions.
- Do not use a red pen or a pencil.
- Write neatly and clearly.
- If you make a mistake, cross it out. Do not use Tippex.
- The mark for each question is shown next to the question.
- After you finish, check your answers carefully.

Mark achieved:

Out of 100

## Section A

1. Explain the following terms clearly:

(10)

	Term	Explanation
1	Bulūgh	
2	Murāhiqah	
3	Ḥayḍ (Medical Description)	
4	Janābah	
5	Ṭuhr	
6	Najāṣah Ḥukmiyyah	
7	Qaḍā'	
8	Istiḥāḍah	
9	'Ādah	
10	Ma'dhūr	

## Section B

1. Why is Bulūgh a very important change in a young Muslimah’s life? Explain your answer with an example. (2)

.....

.....

.....

2. List the natural ways in which one will be classed as Bālighah: (4)

Ways in which one will be classed as Bālighah	
1	
2	
3	
4	

3. Complete the following sentences: (3)

You can experience your first period between the ages of:

.....

When you start your period, you will notice:

.....

It is useful to always carry a sanitary pad with you so:

.....

4. Maryam experiences Ḥayḍ for the first time. She has heard about both pads and tampons. She is unsure which to use. What advice would you give her? (3)

.....  
.....  
.....

5. 10-year-old Khadījah is experiencing her first Ḥayḍ. She has been told there are certain acts that a female is prohibited from doing whilst on Ḥayḍ. List any four acts. (4)

- a) .....
- b) .....
- c) .....
- d) .....

6. Whilst experiencing Ḥayḍ, Zaynab needed to place a Qur’ān on the shelf. She used the ends of the Burqa she was wearing to hold the Qur’ān. Is this the correct way? Explain your answer. (2)

.....  
.....  
.....

7. Şafiyyah has a habit of reciting Ayah al-Kursī every night before bed, as a Du‘ā’ for protection. Whilst on her Ḥayḍ she is unsure if she can still recite it. Explain the ruling to her. (2)

.....  
.....  
.....

## Section C

1. Match the boxes by drawing a line:

(5)

Your Ḥayḍ is classed as finished
When washing the hair, if it is plaited
If you do not maintain personal hygiene
When washing the hair, if it is unplaited
Any food particles stuck between your teeth

All the hair and the roots must be wet
Must be removed otherwise Ghusl will be invalid
When your pad is completely white
Then an unpleasant odour will emit from you
Then only the roots must be wet

2. Put the steps of Sunnah Ghusl in order:

(6)

A	Wash both hands up to the wrists three times
B	Make a complete Sunnah Wuḍū'
C	Wash your private parts
D	Make Niyyah
E	Wash off any impurities that may be on the body
F	Pour water over your entire body three times

1	2	3	4	5	6

3. List any two steps one can take to ensure personal hygiene is maintained whilst on Ḥayḍ. (2)

a) .....

b) .....

4. Fill in the blanks using a suitable word. (7)

a) You must remove hair from under the ..... and from the ..... region.

b) It is ..... to remove this once a week.

c) If you leave this hair for more than ..... days, you will be sinful.

d) You should not remove this hair whilst in the state of .....  
..... impurity.

e) The best time to remove this hair is before having a ..... Ghusl.

5. Clearly explain the rulings in the following two scenarios: (4)

Scenario	Ruling
<p>Fāṭimah puts on a clean pad at the beginning time of ‘Aṣr Ṣalāh, on the last day of her Ḥayḍ. At Maghrib Ṣalāh time, her pad is still clean with no coloured discharge on it.</p>	
<p>’Āsiyah’s Ḥayḍ finishes 8 minutes before the ending time of Suḥūr. She does not have sufficient time to make Ghusl.</p>	

## Section D

1. Complete the table by ticking True or False:

(11)

	Statement	True	False
1	Maryam has just turned 8. She is experiencing bleeding every month. This bleeding is classed as Istihāḍah.		
2	Ghusl is not necessary if you bleed less than 72 hours.		
3	If a pregnant woman experiences bleeding during her pregnancy, she must stop reading her Ṣalāh during those days.		
4	The minimum duration of Ḥayḍ is 10 days and 10 nights.		
5	The maximum duration of cleanliness between two menstrual bleeds is 15 days and 15 nights.		
6	A Mustahāḍah is considered like a woman who is pure from major ritual impurity.		
7	During Istihāḍah, one is excused from both Ṣalāh and fasting.		
8	One will be deemed a Ma'dhūr when the problem occurs once for the complete duration of a Farḍ Ṣalāh.		
9	A female experiencing Ḥayḍ for the first time, will not have an 'Ādah.		
10	Ṣafiyyah has a habit of 6 days. This month she must have a Ghusl on the 6 <sup>th</sup> day even though she may still be bleeding.		
11	If the bleeding continues after 10 days and 10 nights, one must perform a Farḍ Ghusl despite still bleeding.		

## Section E

Answer the following scenario questions. You must show all your working out.

### Question 1

Tasnīm is 57 years old. She started bleeding on **5<sup>th</sup> July at 5:00 pm** and became clean on **11<sup>th</sup> July at 4:30 pm**. The bleeding she is experiencing is very different to what she used to experience.

**Working out:**

**Total days of bleeding:**

**What will the bleeding be classed as? Explain your answer.**

**What day and time will Ghusl be made?**

**How many Qaḍā' Ṣalāh?**

**How many Qaḍā' fasts? (Assuming above dates are in Ramaḍān)**

Total Marks: / 7



## Question 2

Zahrā' started bleeding for the first time on **12<sup>th</sup> May at 7:45 am** and stopped bleeding on **24<sup>th</sup> May at 7:30 am**.

**Working out:**

**Total days of bleeding:**

**What will the bleeding be classed as? Explain your answer.**

**What day and time will Ghusl be made?**

**How many Qaḍā' Ṣalāh?**

**How many Qaḍā' fasts? (Assuming above dates are in Ramaḍān)**

Total Marks: / 7

### Question 3

Kulthūm has a *habit of 7 days*. She started bleeding on **15<sup>th</sup> January at 3:15 pm** and continued to bleed until **29<sup>th</sup> January at 4:40 pm**.

**Working out:**

**Total days of bleeding:**

**What will the bleeding be classed as? Explain your answer.**

**What day and time will Ghusl be made?**

**How many Qaḍā' Ṣalāh?**

**How many Qaḍā' fasts? (Assuming above dates are in Ramaḍān)**

Total Marks: / 7

**Question 4**

Māriyah has a *habit of 4 days*. She started bleeding on **2<sup>nd</sup> October at 7:05 pm** and continued to bleed until **10<sup>th</sup> October at 11:40 pm**.

**Working out:**

**Total days of bleeding:**

**What will the bleeding be classed as? Explain your answer.**

**What day and time will Ghusl be made?**

**How many Qaḍā' Ṣalāh?**

**How many Qaḍā' fasts? (Assuming above dates are in Ramaḍān)**

Total Marks: / 7

### Question 5

'Āminah has a *habit of 5 days*. She started her Ḥayḍ on **4<sup>th</sup> December at 2:20 pm**. She saw blood until **7<sup>th</sup> December at 3:30 pm**, then did not see anything until **9<sup>th</sup> December at 3:15 pm**, and then saw blood again for 7 days until **16<sup>th</sup> December at 4:00 pm**.

**Working out:**

**Total days of bleeding:**

**What will the bleeding be classed as? Explain your answer.**

**What day and time will Ghusl be made?**

**How many Qaḍā' Ṣalāh?**

**How many Qaḍā' fasts? (Assuming above dates are in Ramaḍān)**

Total Marks: / 7

End of Examination