



## Written Assessment

### Class Test 2022/23

### 'Ālimiyyah Year 1

Name of Book:

Understanding Adulthood | L1 - 5

Full Name of Pupil:

.....

Session: .....

- Recite Tasmiyah & Ṣalawāt Upon the Prophet before you begin your paper.
- Write your name and session clearly on this sheet.
- Answer all the questions.
- Do not use a red pen or a pencil.
- Write neatly and clearly.
- If you make a mistake, cross it out. Do not use Tippex.
- The mark for each question is shown next to the question.
- After you finish, check your answers carefully.

Mark achieved:

Out of 60

1. What do the following words mean?

(5)

بلوغ:

.....

عوره:

.....

بالغه:

.....

مراهقة:

.....

استحاضة:

.....

2. What is puberty?

(1)

.....

3. Why is puberty important from an Islamic perspective?

(2)

.....

.....

4. List all 4 ways you could be considered Balighah:

(4)

a. ....

b. ....

c. ....

d. ....

5. What is the difference between the lunar and solar calendar?

(2)

.....

.....

6. Give any 6 symptoms you can experience before your first period (6)

.....

.....

.....

**Symptoms**

.....

.....

7. What is the purpose of a pad? (1)

.....

8. Give any 3 layers in a pad (3)

- a. ....
- b. ....
- c. ....

9. Give a description of a tampon and its use (3)

.....  
.....  
.....

10. What is the Islamic ruling on Tampons? (1)

.....  
.....

11. Give any 2 reasons for this (2)

- a. ....
- b. ....

12. Which parts of the Quran would you be permitted to read during Haidh? (2)

.....  
.....

13. Mention any 5 other things a woman cannot do during Haidh:

(5)

1	
2	
3	
4	
5	

14. Fill in the blanks

(11)

major	abdomen	flow	recurring	uterus
bladder	pregnancy	ritual	hollow	full
pear	stomach	minor	apple	rectum

Linguistically Haidh means to ..... During the days of Haidh, you are in state of ..... impurity.

The medical description for menstruation is ‘a ..... cycle in which the lining of the ..... prepares for .....’

The womb is a ....., .....-shaped organ located in your lower ..... between the ..... and the .....

15. Give 2 other descriptions of the womb

(2)

- a. ....
- b. ....

16. What 3 things does menstrual blood consist mostly of?

(3)

- a. ....
- b. ....
- c. ....

17. Complete the table:

(7)

	Definition	Minimum Hours	Days/	Maximum Hours	Days/
Haidh					
Tuhr					
Istihadha					

End of Test