



Written Assessment

End of Year 2022/23

Level 7B Girls

Name of Book:

Understanding Adulthood (Parts 1 & 2)

Full Name of Pupil:

.....

Session:

- Recite Tasmiyah & Şalawāt Upon the Prophet before you begin your paper.
- Write your name and session clearly on this sheet.
- Answer all the questions.
- Do not use a red pen or a pencil.
- Write neatly and clearly.
- If you make a mistake, cross it out. Do not use Tippex.
- The mark for each question is shown next to the question.
- After you finish, check your answers carefully.

Mark achieved:

Out of 100

Section A

1. Explain the following terms clearly.

(10)

مُراهِقَةٌ

مَعْدُورٌ

دَمٌ صَحِيحٌ

مَكْرُوهٌ تَزْيِيهِيٌّ

طَوَافٌ

شَرِيْعَةٌ

نَجَاسَةٌ حُكْمِيَّةٌ

بَالِغَةٌ

حَيْضٌ

جَنَابَةٌ

Section B

1. Answer the following questions:

a) What is a period and what is its cause? (2)

b) Explain any 2 ways in which one will be classed as a Baalighah. (2)

1 _____

2 _____

c) What is PMS? (2)

d) List any 4 acts which are prohibited during your period. (4)

1 _____

2 _____

3 _____

4 _____

e) What is menopause? (1)

f) List any 4 symptoms that one may experience due to menopause. (4)

1 _____

2 _____

3 _____

4 _____

g) Sophia experiences one nosebleed between the time of Zohr and Asr Salah. Her nosebleed lasts for 20 minutes. Will she qualify as a Ma'dhurah? Explain your answer. (2)

h) Aasiyah is experiencing her Haydh for the first time. She has heard about both pads and tampons but is unsure about which to use. What advice would you give to Aasiyah? (2)

i) Zainab is wearing false nails on her fingernails and toenails during her period. She now needs to perform a Fardh Ghusl but does not remove the false nails. Will her Ghusl be valid? Explain your answer. (2)

j) Maya is performing 2 Rak'ahs of Salat – ul – Shukr. During this time, she realises that she has started her period. Explain the ruling to Maya regarding her Salah. (2)

(Total Marks : 23)

2. Fill in the blanks with the words that are in the box:

(16)

Modesty	Najasah	Makruh	Uterus	Deeds
Major	Pregnancy	Accountable	Tissue	Colour
Seven	Three	Minor	Unique	Lunar
Ghusl				

- a) Once you reach the age of puberty, you will be held _____ for all your _____.
- b) The laws of _____ become an obligation on you when you reach the age of puberty.
- c) The Prophet (S.A.W) instructed parents to command their children to perform Salah once they reach the age of _____ years old.
- d) The monthly period is experienced after the age of 9 _____ years.
- e) The Islamic ruling on using tampons for married and unmarried women is that it is _____.
- f) If your period starts unexpectedly, you may use _____.
- g) Every woman has _____ orifices.
- h) Every woman also has a special and unique organ called a _____.
- i) Every month, this organ prepares itself for a possible _____.
- j) The _____ of the discharge can vary during a period.
- k) The time the period starts and ends every month is _____ to every individual.
- l) The opposite of Taharah is _____.
- m) When you are on your Haydh, you are in the state of _____ ritual impurity.
- n) Once your Haydh is finished, a _____ becomes necessary.
- o) If you only require doing Wudhu, you are in the state of _____ ritual impurity.

Section C

1. Complete the table by ticking True or False.

(5)

		True	False
1	Khadijah is 8 years old. She is experiencing bleeding every month. This bleeding is classed as Haydh.		
2	The minimum duration of Haydh is 3 days and 3 nights.		
3	During Istihaadhah, one is excused from both Salah and fasting.		
4	If a female is experiencing Haydh for the first time, she will not have an Adah.		
5	If bleeding continues after 10 days and 10 nights, one should wait for it to stop before having a Fardh Ghusl.		
6	Aishah has an Adah of 7 days. This month she doesn't stop bleeding on the 7 th day but must still perform Ghusl.		
7	The best time to remove pubic hair is before performing a Fardh Ghusl.		
8	Menstrual blood is a physical impurity.		
9	If blood on your clothes is equal to the size of a £2 coin, you may still perform Salah.		
10	It is permissible to touch the Qur'an using your jumper sleeve whilst on your period.		

2. Put the steps of Ghusl in order:

(6)

A	Wash both hands up to the wrists three times.
B	Make a complete Sunnah Wudhu.
C	Wash your private parts.
D	Make Niyyah.
E	Wash off any impurities that may be on the body.
F	Pour water over your entire body three times.

1	2	3	4	5	6

Section D

1. Complete the tables below:

a) Changes during puberty will be of 3 types... (3)

1	
2	
3	

b) Menstrual blood consists of: (3)

1	
2	
3	

c) The Faraidh of Ghusl are: (3)

1	
2	
3	

d) Write down any 3 ways you can maintain personal hygiene when on your Haydh. (3)

1	
2	
3	

(Total Marks : 12)

Section E

Answer the following scenario questions. You may use the calendar below to assist you. All your working out must be shown.

January						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

February						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

March						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

April						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

May						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

June						
M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

July						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

August						
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

September						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October						
M	T	W	T	F	S	S
					1	
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

QUESTION 1

Aamina has a habit of 5 days. She started her Haydh on **13th December at 3:30pm**. She saw blood until **16th December at 2:20pm**, then did not see anything until **18th December at 3pm**, and then saw blood again for 7 days until **25th December at 2:30pm**.

Working out:

Total days of bleeding:

What will the bleeding be classed as? Explain your answer.

What day and time will Ghusl be made?

How many Qadha Salah?

How many Qadha fasts? (Assuming above dates are in Ramadhan)

Total Marks : / 7

QUESTION 2

Aishah is 59 years old. She started bleeding on **11th April at 5:00pm** and became clean on **17th April at 4:30pm**. The bleeding she is experiencing is very different to what she used to experience.

Working out:

Total days of bleeding:

What will the bleeding be classed as? Explain your answer.

What day and time will Ghusl be made?

How many Qadha Salah?

How many Qadha fasts? (Assuming above dates are in Ramadhan)

Total Marks : / 7

QUESTION 3

Maryam started bleeding for the first time on **12th June at 6:45am** and stopped bleeding on **22nd June at 7:30am**.

Working out:

Total days of bleeding:

What will the bleeding be classed as? Explain your answer.

What day and time will Ghusl be made?

How many Qadha Salah?

How many Qadha fasts? (Assuming above dates are in Ramadhan)

Total Marks : / 7

QUESTION 4

Maariyah has a habit of 4 days. She started bleeding on **2nd August at 8:05pm** and continued to bleed until **10th August at 11:40pm**.

Working out:

Total days of bleeding:

What will the bleeding be classed as? Explain your answer.

What day and time will Ghusl be made?

How many Qadha Salah?

How many Qadha fasts? (Assuming above dates are in Ramadhan)

Total Marks : / 7

End of Examination