



Tarbiyah Year 1 Girls – Islamic Studies & Duas

1. Kitabs:

	Name of Book	Subject
1	Safar Year 8 Islamic Studies – Workbook and textbook	Aqāid, Fiqh, Sīrah & Tahdhīb
2	Understanding Adulthood	Fiqh
3	Understanding Zakah	Fiqh
4	Memorising & Understanding Short Surahs – Quran lesson only	-
5	My Prophet's Prayers	-

Safar – Islamic Studies:

1. Refer to the “Notes on Islamic Studies” section of the syllabus.
2. The guidance mentioned is important and teachers are to implement these guidelines when covering this Kitab.
3. This book will be covered for 3 days a week.
4. Units 1 to 3 will be covered in Tarbiyah Year 1 only. (Units 4 to 7 will be completed in Year 2). There is considerable detail in each unit, hence the teacher must teach each lesson slowly, with summaries etc.

5. Exercises & Homework:

- Teachers are to cover both the “Standard” and “advanced” exercises from the workbook.

Refer to the “Islamic Studies Workbook – Policy & Guidelines” on the Madrasah website. This contains guidance on all matters related to the workbook and advanced exercises.

- If there is a lack of time in class to complete exercises, one exercise per week should be given as homework over the weekend.

Note:

The Safar Islamic Studies Year 8 book has more pages / lessons than some of the other Safar books. Thus, the teacher needs to ensure he / she is in line with the LTP from the *beginning of the year*.

Understanding Adulthood: A Guide for Muslim Females:

1. This will be covered twice a week. Refer to the LTP.
2. After revising Parts 1 and 2 at the start of the year for a few weeks, Parts 3 and 4 will be covered this year.
3. *It is essential this Kitab is covered thoroughly and pupils are confident with and gain a deep understanding of the subject. Refer to the teaching guidelines at the start of the book.*

Understanding Zakah:

1. This will be covered after Understanding Adulthood has been completed.
2. It will be covered two times a week. Refer to the LTP.
3. All exercises for this Kitab must be done in class and not set as homework.
4. Exercises must be completed in the textbook.

Enrichment Activities:

- ✓ This is the section of the syllabus where pupils will practically implement some of the lessons from Islamic Studies lessons.
- ✓ The objective is to promote “Ilm2Amal”, where knowledge becomes a practical reality.
- ✓ One of the key elements of Tarbiyah is to organise and run practical lessons and enrichment activities.
- ✓ These practicals enrich the syllabus and also make the learning experience more enjoyable for children.
- ✓ They are also a great opportunity to portray the true teachings of Islam and to make Da’wah. Thus, teachers need to take these seriously.

The Tarbiyah class will carry out 5 such practical activities linked to their learning - one during Enrichment Week and four during the year, one in each of the first four half terms. The teacher will need to ponder over ideas for this and pass them through the deputy head for approval.

2. Practical Salaah:

1. Revision of the complete Salaah syllabus including Wudhu must take place at least three times a year.
2. Salaah needs to be covered practically with a lot of emphasis on “concentration & devotion” and Ta’deel e Arkaan.
3. Pupils must be encouraged to perform Salaah at home and teachers must monitor pupils closely during Salaah times in Madrasa.

My Salah Diary:

1. From this year, all children in Level 4 and above will be given a Salah diary.
2. The Salah diary will operate a points score system depending on whether a child performs Salah or not etc.
3. The aim of this is to motivate the children to perform Salah.
4. Although parents will administer the diary from home, teachers are expected to motivate their pupils to take this initiative seriously. A reminder can be given to pupils every few weeks, with the teacher checking this diary every so often and giving a prize to those pupils who are performing their Salah.
5. More details are available in the actual My Salah Diary”. Please refer to the diary for this.

3. Duas:

First revise the Duas from Reception to Level 7 as per the LTP. The following new Duas (from Level 8 Duas) need to be covered in Tarbiyah Year 1:

	Name of Dua
1	After Breaking One's Fast
2	When Afflicted by Misfortune etc
3	When About to Enter Another Town
4	To Treat Flu or Any Pain

Notes:

Refer to the "Notes on Duas" section at the front of "My Prophet's Prayers". The guidance mentioned is important and teachers are to implement these guidelines.

Teachers must also refer and listen to the relevant webinars on My Prophet's Prayers, available on the Madrasah website.

4. Tarbiyah Topics:

- Every week, 15 minutes should be devoted to a Tarbiyah Topic or similar. The topic can range from current affairs to more spiritual matters and general motivation. It can also take the form of a Q & A.
- These topics need to be covered in an interactive manner, with discussion and participation from pupils.
- ***Please see the deputy head in relation to this.***

Week Dates for L.T.P.

Week	Week Beginning	Notes
1	28.08.23	
2	04.09.23	
3	11.09.23	
4	18.09.23	
5	25.09.23	
6	02.10.23	
7	09.10.23	Salah Focus – Entire Madrasah
8	16.10.23	
9	30.10.23	Topic Test: Islamic Studies
10	06.11.23	
11	13.11.23	
12	20.11.23	
13	27.11.23	Workbook check: Islamic Studies
14	04.12.23	
15	11.12.23	
16	18.12.23	
17	08.01.24	Mid-Year Written Assessments
18	15.01.24	
19	22.01.24	
20	29.01.24	
21	05.02.24	
22	19.02.24	Salah Focus – Entire Madrasah
23	26.02.24	Workbook check: Islamic Studies
24	04.03.24	Quran Competition
25	Weekend 1 Ramadan	
26	Weekend 2 Ramadan	
27	Weekend 3 Ramadan	
28	01.04.24	
29	08.04.24	
30	15.04.24	Topic Test: Islamic Studies
31	22.04.24	
32	29.04.24	
33	06.05.24	
34	13.05.24	Workbook check: Islamic Studies
35	20.05.24	Enrichment Week
36	03.06.24	
37	10.06.24	
38	17.06.24	Exam Revision
39	24.06.24	Exam Revision
40	01.07.24	Exam Revision
41	08.07.24	End of Year Written Assessments
42	15.07.24	Trips / Prizes / Reports etc

Islamic Studies Long Term Plan – Tarbiyah Year 1 Girls

Week	Book 1	Book 2	Duas	
1	Safar Year 8 Islamic Studies Including workbook Unit 1 3 days a week	Understanding Adulthood <i>Part 1 & 2: Revision for 3 weeks.</i> 2 days a week	Revision of Reception & L1 Duas	
2			Revision of L2 Duas	
3			Revision of L3 Duas	
4		Understanding Adulthood <i>Part 3</i> 2 days a week One lesson per week	Revision of L4 Duas	
5			Revision of L5 Duas	
6			Revision of L6 Duas	
7			Revision of L7 Duas	
8			Understanding Adulthood <i>Part 4</i> 2 days a week One lesson per week	Revision of L8 Duas
9				Revision of L9 Duas
10				Revision of L10 Duas
11	Safar Year 8 Islamic Studies Including workbook Unit 2 3 days a week	Understanding Zakah 2 days a week 1 chapter per week, plus practical questions	Level 8 Duas Start:	
12			Breaking One's Fast	
13			Afflicted by Misfortune	
14			Enter Another Town	
15			Treat Flu etc	
16			Revision	
17				
18				
19				
20			Safar Year 8 Islamic Studies Including workbook Unit 3 3 days a week	Exam Revision
21				
22				
23				
24				
25				
26	Catch up week			
27				
28	End of Year Assessments			
29				
30	End of Year Assessments			
31				
32	Trips / Prizes / Reports etc.			
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42				

Note: The teacher may need to adjust accordingly due to mid-year exams, enrichment week etc.