



## Written Assessment

End of Year: 2023-24

Level 7b

Name of Book:

Understanding Adulthood  
Parts 1 & 2

Full Name of Pupil:

.....

Session: .....

- Recite Tasmiyah & Ṣalawāt Upon the Prophet before you begin your paper.
- Write your name and session clearly on this sheet.
- Answer all the questions.
- Do not use a red pen or a pencil.
- Write neatly and clearly.
- If you make a mistake, cross it out. Do not use Tippex.
- The mark for each question is shown next to the question.
- After you finish, check your answers carefully.

Mark achieved:

Out of 100

## Section A

1. Give a brief definition for the following words. (6)  
Definitions should not simply be one-word answers:

مُرَاهِقَة

حَيْض

دَمْ صَحِيحٌ

إِسْتِحْاضَة

عَادَة

جَنَابَة

2. When would a person be deemed as a مَعْذُورٌ? Explain in detail with an example. (4)

3. What should a مَعْذُورٌ do to perform Wudhu and what will they be allowed to do with this Wudhu? (3)

4. What will nullify the Wudhu of a مَعْذُورٍ؟

(2)

5. Fill in the blanks with the words that are in the box: (16)

Lining	Hollow	Unmarried	Makrooh	Unhygienic
Awrah	Old	Accountable	Pregnancy	Pear
Married	Muscle	Fist	Cycle	Deeds
Young	Infection	Tuhr	Rectum	Bleeding

a) When you reach the age of puberty you will be held ..... for your ..... You must also cover the areas of your body which make up your .....

b) The Islamic ruling on using tampons for ..... and ..... women is that they are ..... and should be avoided. Some reasons for this that they are ..... and may lead to an .....

c) The uterus is a ..... , ..... -shaped organ located in your lower abdomen between the bladder and ..... It is the size of your closed ..... and the walls are made of strong, stretchy .....

d) Each month, the ..... of the uterus prepares itself for a possible ..... If this does not occur, then it is shed accompanied by ..... which is known as menstruation.

6. Fill in the table below:

(4)

	Minimum Days/ Hours	Maximum Days/ Hours
Haidh		
Tuhr		

7. Any bleeding outside of the above hours would be considered **إِسْتِحَاضَة**.

Give any 3 other types of bleeding that would cause a woman to become **مُسْتَحَاضَة**. (3)

a) .....

b) .....

c) .....

8. What is menstrual blood made up of? (3)

a) .....

b) .....

c) .....

9. What colours can appear within a woman's discharge? Tick next to the correct boxes. (5)

Rust		Muddy green	
Dusty		Earthy	
Red		Orange	
Beige		Yellow	
Dark Green		Black	

## Section B

1. Answer the following questions on Haydh:

a. Samiyah starts her period 10 minutes **before Asr Salaah ends**, but she has not prayed yet. Will she need to do Qadhaa? Explain why. (2)

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b. Arifah finishes her period 1 hour **before Isha Salaah ends**. What must she do and why? (2)

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c. On the last day of Liyah's period, she puts on a pad **at Zuhr time**. When she checks at **Asr time**, her sanitary towel is completely clean of any coloured discharge.

Explain what she must do. (2)

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d. Aishah finishes her period 15 minutes before **Suhoor ends**. What should she do? (2)

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e. Hamida is fasting. She came on her period 30 minutes **before Iftaar time**. What must she do and what will happen to her fast? (2)

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2. What is the ruling on praying Salah with heavy physical impurity on your clothes? (2)

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3. How should the following items be cleaned from Najasah? (6)

a. Urine on a toilet seat

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b. Urine on a mattress

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c. Blood on clothes

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4. Put the steps of Sunnah Ghusl in order by writing the numbers next to each action: (6)

<b>Sunnah acts in Ghusl</b>		<b>Number</b>
A	Pour water over your entire body three times	
B	Wash off any impurities that may be on the body	
C	Wash your private parts	
D	Make Niyyah	
E	Make a complete Sunnah Wuḍū'	
F	Wash both hands up to the wrists three times	

## Section C

Below are some practical calculations regarding menstruation.

<b>Practical Question 1</b>		(5)
Aliyah started bleeding on 8 <sup>th</sup> March at 7:55pm. She saw blood until 17 <sup>th</sup> March at 9pm.		
Working out:		
1	Total days of bleeding	
2	Day and time Ghusl will be made	
3	Qadha fasts due if in Ramadhan	
<b>Practical Question 2</b>		(5)
Samira started bleeding on 2 <sup>nd</sup> December at 2:30am. She saw blood until 6 <sup>th</sup> December at 6:40pm.		
Working out:		
1	Total days of bleeding	
2	Day and time Ghusl will be made	
3	Qadha fasts due if in Ramadhan	

**Practical Question 3****(10)**

Radiyah has a habit of 7 days. She started bleeding on **9<sup>th</sup> April at 7:30 am** and continued bleeding until **20<sup>th</sup> August at 8:00 am**

**Working out:****Total days of bleeding:****What will the bleeding be classed as? Explain your answer.****What day and time will Ghusl be made?****How many Qadā' Salāh are due?****How many Qadā' fasts are due if in Ramadān?****Will her habit change? If so, what is her new habit?**

**Practical Question 4****(10)**

Nafisah has a habit of 9 days. She started bleeding on **5<sup>th</sup> January at 11:00 am** and continued bleeding until **8<sup>th</sup> January at 1:30 pm**. She saw nothing until **10<sup>th</sup> January at 4pm** then saw blood until **12<sup>th</sup> January at 9:00pm**

**Working out:****Total days of bleeding:****What will the bleeding be classed as? Explain your answer.****What day and time will Ghusl be made?****How many Qaḍā' Ṣalāh are due?****How many Qaḍā' fasts are due if in Ramadān?****Will her habit change? If so, what is her new habit?****End of Examination**